



BIOGRAPHY

**Angela Spence-Bedard RN, MN (Advanced Nursing Practice)
Nurse Practitioner (NP-PHC)
Askii Outreach Consultant**

Angela Spence-Bedard is a Cree speaking nurse of mixed ancestry. Her birth home is Nisichawayasihk Cree Nation (Nelson House, MB). She has called many outpost Manitoba communities “my home” during her work as an Aboriginal health advocate and registered nurse. Angela’s specialty is advanced nursing practice with a focus in delivering health promotion, training and awareness education across Manitoulin Island where she resides. During her nursing career she has several years of Health Canada nursing experience in rural and remote First Nations communities across several Canadian provinces.

Angela works as a health consultant along with a business partner at Askii-Outreach Counselling (www.askiicounselling.com). It is a community health consulting venture specifically designed to serve the mental health needs of First Nations people on Manitoulin Island. Crisis intervention and consultation is provided by her partner to local First Nations community providers on a fee for service basis. Angela has assisted in crafting regional workshops on clinical supervision for First Nations mental health providers. Askii-Outreach Counselling is also a recognized provider of FNIH, Health Canada, Crisis Mental Health Intervention Program in Ontario.

Angela’s academic background started in Manitoba graduating from the Red River College in 1994 obtaining a Nursing Diploma, and later a Bachelor of Nursing degree. In 2008 she obtained a Master of Nursing (Advanced Nursing Practice) degree from Athabasca University. Most recently Angela completed a research course from McMaster University entitled, ‘Research Issues in the Introduction & Evaluation of Advanced Practice Nursing Roles’. She is a licensed nurse practitioner in Ontario (NP-PHC). In the future, Angela hopes to enroll in an interdisciplinary PhD Program in Rural and Northern Health at the Laurentian University. The focus of this stream is rural and northern health services, specifically, health human resource utilization.

As a volunteer and community participant, Angela joined the Aboriginal Nurses Association of Canada (A.N.A.C.) organization because of her conviction in improving and enhancing health, with and for Aboriginal people. As a representative of A.N.A.C. (director: research) her optimism is to help build this agency so that it can help mobilize people (Aboriginal and non-Aboriginal) to become stronger social advocates for culturally competent care.