Aboriginal Nurses Association of Canada

2016

National Training Forum

Final Agenda

“Authentic Indigenous Health and Wellness Partnerships: Reclaimative Leading Practices”

February 16 & 17, 2016
(Pre-conference Symposium Feb. 15, 2016)

Montréal Marriott Château Champlain
1, Place du Canada, Montréal, QC
Hotel Phone #: 514-878-9000 – Hotel Toll free: 1-800-200-5909
For hotel reservations state you are attending ANAC National Forum to get the special rate of $139/night + taxes. Cut off for hotel booking is January 29, 2016.

There are 2 ways of making a hotel reservation: by phone and by internet (reservation link)

By phone (please mention your code: ANA)

- Call the hotel directly, from Monday to Friday, 9am to 5:30pm: 1-800-200-5909 FREE (if our operators are busy, your call may be re-directed to the Marriott reservations center)

- Call the Marriott reservations center for Canada and US: 1-888-236-2427 FREE

By internet (reservation link):

- click on the following link, to directly book your room: Book your group rate for ANAC Annual Conference

Note: Unless otherwise negotiated, presenters must pay registration fees except when they are only attending their session alone.
# 2016 A.N.A.C. National Training Forum Agenda

Sun. February 14, 2016

| 5pm to 8pm | **Opening Session: HIV Learning Institute**  
*Neufchatel room – Niveau GH Level* | **Participants are asked to eat on their own before the session starts.**  
**Description:** A structured learning series of workshops to increase core competencies for HIV Care in Indigenous populations. The opening session will include an overview of the institute, its purpose and vision. This will be followed by a roundtable of nursing students, presenters, other participants to discuss expectations and share their insights. It will close with a firsthand view of two Indigenous leaders living with HIV who will offer up their experience moving from diagnosis through various life stages, giving an Indigenous version to what the HIV epidemic has entailed.  
**Moderator:** Kevin Barlow  
**Presenters:** Earl Nowgesic, Randy Jackson, Tracey Prentice, Doris Peltier, Greg Riehl, Margaret Haworth-Brockman, National Collaborating Centre for Infectious Diseases and Roberta Stout, National Collaborating Centre for Aboriginal Health |

## Pre-Conference Symposium - February 15, 2016

<table>
<thead>
<tr>
<th>Time</th>
<th>Session</th>
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<tr>
<td>8:00 – 8:30</td>
<td>Breakfast</td>
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| 8:45 – 10:15       | **HIV Learning Institute**  
*Missionneuve D - 36th floor room*  
**Five Critical “Cs” for Mental Health Services: A Focus on Indigenous People in Canada**  
**Presenter:** Randy Jackson, PhD (Candidate)  
**Developing a Collaborative Indigenous Partnership Framework:**  
**Situating Indigenous Knowledge at the Centre - Part 1**  
*Salle de Bal room*  
A draft Collaborative framework model will be presented inviting dialogue about Indigenous Knowledge and situating it at the centre of our work in the 4 domains of work, (policy, research, education and practice). The discussion can appeal to other health professionals working in the field as well.  
**Presenter:** Lea Bill, RN |
| 10:15 – 10:30      | Health Break                                                            |
| 10:30 – 12:00       | **HIV Learning Institute**  
*Missionneuve D - 36th floor room*  
**What do health service providers need to know about antiretroviral therapy use among Indigenous peoples living with HIV?**  
**Presenter:** Earl Nowgesic, RN, PhD  
**Developing a Collaborative Indigenous Partnership Framework:**  
**Situating Indigenous Knowledge at the Centre - Part 2**  
*Salle de Bal room*  
(Continued) |
| 12:00 – 1:00        | LUNCH                                                                  |
| 1:00 – 2:00         | **HIV Learning Institute**  
*Missionneuve D - 36th floor room*  
**HIV Pre and Post Test Counselling - Nursing Core Competencies**  
**Presenter:** Greg Riehl, RN, BScN, MA  
**Applied Practice of Indigenous Nursing Knowledge**  
**Northern Nursing Consult**  
*Missionneuve E/F - 36th floor room*  
An interactive discussion to begin addressing nursing needs in northern and remote communities  
**R. Lisa Bourque Beaskin, RN, PhD**  
**Cancer Care**  
*Salle de Bal room*  
**Angeline Letendre, RN, PhD** and **Lea Bill, RN** |
| 2:00 – 2:15         | Health Break                                                            |
### PRE-CONFERENCE SYMPOSIUM - EVENING SESSIONS

**6 - 7:30pm**  
**Think Tank on Collaborative Mentorship and Student Supports in Aboriginal Nursing Education**  
Salon Terrase room – Niveau Plaza level

Participants are asked to eat on their own before session.

**Description:** Participation in this Think Tank will be a valuable experience shared between A.N.A.C., Indigenous nursing students and faculty members from across the country. The Think Tank participants will provide guidance and advice as the A.N.A.C. and its university partners move forward with formulating, disseminating, and continually reviewing promising and wise practices toward which all nursing education programs should strive to as it pertains to mentorship in Aboriginal Nursing Education. Our Think Tank, a reflective circle and knowledge exchange event with the members of our association and others stakeholders will also contribute to future leading practices in Aboriginal Nursing.

Presenters: Michèle Parent; Pam Rice, Scott Ramsay & Isabelle Wallace

**7:30 - 9pm**  
**Meet and Greet: Neufchatel room – Niveau GH level**

**Description:** Mingle with other early arrivals, see old friends, and make new ones. Light hors d’oeuvres will be served.

For early arrivals, A.N.A.C. can set up a tour of the Kateri Memorial Hospital in Kahnawake, QC. We can hire a bus from the community. $12/hr before 5 pm or $0.80/km after 5 pm. Wendy Skye can assist with organizing the tour and busing, please email staff before arrival so we have a sense of interest.

### DAY 1: FEBRUARY 16, 2016 – NATIONAL TRAINING FORUM

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<thead>
<tr>
<th>Time</th>
<th>Event</th>
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<tbody>
<tr>
<td>8:30 am</td>
<td>Opening Prayer:</td>
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<td></td>
<td><em>Salle de Bal room</em></td>
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<tr>
<td>8:45 - 9:05am</td>
<td>Welcoming Remarks: R. Lisa Bourque Bearskin, President, Aboriginal Nurses Association of Canada</td>
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<td><em>Salle de Bal room</em></td>
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<td>Grand Chief Joe Norton</td>
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<td>9:05 - 9:45am</td>
<td>Opening Speaker: Dr. Cindy Blackstock, First Nations Child &amp; Family Caring Society</td>
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<td>9:45 - 10am</td>
<td>Health Break</td>
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</table>
### Panel 1: National Nursing Collaborators (Moderated)
*Salle de Bal (200)*
- Karima Velji, CNA
- Kirsten Woodend, CASN
- Linda Silas, CFNU
- Christine Rieck Buckley, CNF

### 11:20 – 12

#### Salle de bal (200)
“Environmental Racism in Mi’kmaq Communities: Implications for Health & Community Mobilizing”
Presenter: Ingrid Waldron, Ph.D.

#### Neuchâtel
Aboriginal Midwives: Partners in the Health and Healing of Our Communities
Presenter: Alisha Apale

#### Maisonneuve D (48)
The First Nation Mental Wellness Continuum Framework: A coordinated, comprehensive approach to mental health and addictions programs and services.
Presenter: Dr Brenda Restoule, C. Psych

#### Maisonneuve E/F (48)
HIV Learning Institute
*Visioning Health, Indigenous Women and HIV*
Presenters: Doris Peltier, Tracey Prentice, PhD

### 12:00 – 1:10
LUNCH
*Signing of a Partnership Accord with Canadian Nurses Association*
*Salle de Bal room – meal served here*

### 1:10 – 2:10
Panel 2: National Indigenous Collaborators (Moderated)
*Salle de bal (200)*
- Peter Dinsdale, AFN
- Alethea Kewayosh, CCO
- Dr Malcolm King, IAPH
- Dr Janet Smylie, FIIRE, SMH

### 2:15 – 3:00
Partnering to improve the cancer journey for First Nations, Inuit and Métis: The Canadian Partnership Against Cancer’s First Nations, Inuit and Métis Cancer Control Strategy
Presenter: Nicole Robinson

From Seed to Tree: Supporting Aboriginal women living with addictions
Presenter: Cheyenne Mary, RN

Canadian Virtual Hospice
Presenters: Shelly Cory and Brenda Hearson

Skátne ionkwatehiahértie’ “Our Families Grow Together”
Presenter: Native Youth Sexual Health Network

### 3:00 – 3:15
Health Break

### 3:15 – 5:45
Annual General Meeting
*Salle de Bal room*

### 6:30 – 9:30 PM
Banquet & Keynote Speaker: To be determined
*Salle de Bal room*
Co-Chairs: *Madeleine Dion-Stout* and *Jocelyne Bruyere*

Honoring the 14 Founding Members of A.N.A.C.

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### DAY 2 FEBRUARY 17, 2016 – NATIONAL TRAINING FORUM

### 8:30 – 8:50 am
Call to Order: R. Lisa Bourque Bearskin, President, Aboriginal Nurses Association of Canada
*Salle de Bal room*
AFN Regional Vice Chief (TBD)

### 8:50-10am
Panel 3: Educational Collaborators (Moderated)
*Salle de Bal (200)*
- Dr. Sekuler, McMaster
- Dr. Kitty, Indigenous Physicians Association
- Lisa Perley-Dutcher, UNB
- Dr. Clémence Dallaire (Laval)
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<thead>
<tr>
<th>Time</th>
<th>Room</th>
<th>Session Title</th>
<th>Presenters</th>
<th>Notes</th>
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<tbody>
<tr>
<td>10:05 – 10:35am</td>
<td>Salle de bal (200)</td>
<td>First Nation Community Based Screening to Improve Kidney Health and Prevent Dialysis (FINISHED)</td>
<td>Presenters: Caroline Chartrand, RN; Lorraine McLeod, RN</td>
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<td></td>
<td>Neuchatel</td>
<td>A'ekalix (Culture as the Foundation for Health)</td>
<td>Presenters: Dr Evelyn Willie (Voyageur) and Joanna Fraser</td>
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<td>Maisonneuve D (48)</td>
<td>eBooks: Enhancing Literacy and Traditional Values of Saskatchewan First Nation Children</td>
<td>Presenters: Renee Lerat &amp; Rhonda Kayseas</td>
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<td>Maisonneuve E/F (48)</td>
<td>Nursing Student Knowledge Application in Service-Learning: Phenomenological Findings</td>
<td>Presenters: Dr Sherry Arvidson and Dr Florence Luhanga</td>
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<td>10:35-10:50 am</td>
<td>Health Break</td>
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<td>The importance of relationship and partnership in post-secondary Aboriginal health care education</td>
<td>Presenter: Priscilla Patterson RN, MEd</td>
<td>ANAC &amp; CNSA Student Caucus – Part 1</td>
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<td>Neufchatel</td>
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<td>Presenter: Dawn Tisdale &amp; Marie Sanderson</td>
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<td>Presenter: Rebecca Lonsdale (TBC)</td>
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<td>Maisonneuve F (48)</td>
<td>Nursing Student Knowledge Application in Service-Learning: Phenomenological Findings</td>
<td>ANAC &amp; CNSA Student Caucus – Part 2</td>
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<td>Presenter: Dawn Tisdale &amp; Marie Sanderson</td>
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<td>11:30 – 12</td>
<td>Nisichawayasih Circle of Care</td>
<td>Presenters: Glenda Grey</td>
<td>Capturing Culturally Safe Nursing Intervention</td>
<td>Presenters: Adrienne Lewis</td>
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<td>Northern Inuit Nursing</td>
<td>Presenter: Rebecca Lonsdale (TBC)</td>
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<td>12-1pm</td>
<td>LUNCH</td>
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<td>1 - 2:15</td>
<td>Panel 4: Regional Nursing Collaborators (Moderated)</td>
<td>Salle de bal (200)</td>
<td>Melanie McKinnon, Aboriginal Nurses Manitoba</td>
<td>Doris Grinspun, RNAO</td>
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<td>Laurie Dokis, ARNBC</td>
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<td>Regine Laurent, FIQS</td>
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<td>2:15 - 2:30</td>
<td>Health Break</td>
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<td>2:30-3:20</td>
<td>Enhanced and Integrated Pathways to Wellness: A Tapestry Initiative with Sturgeon Lake First Nation</td>
<td>Presenters: Vivian R Ramsden, RN, BSN, MS, PhD, MCFP (Hon.)</td>
<td>Best Practice for First Nations Women with Gestational Diabetes</td>
<td>Presenter: Sherri Leon Torres RN, BSN, CDE and Barbara Webster RN, BScN, MSc</td>
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<td>Indigenous Grandmothers Mentoring Aboriginal Girls</td>
<td>Presenters: Isabelle Meawasige &amp; Caroline Recollet</td>
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<td>Nurse Practitioner’s Empowering Aboriginal Client’s through integration of traditional healing practices.</td>
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<td>Pathways to Success: How the University of Saskatchewan College of Nursing achieved a representative Aboriginal student body</td>
<td>Presenter: Heather Cote-Soop, Trudy Unger, Heather Exner-Piro</td>
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<td>Presenter: Pamela Schacht</td>
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<td>Health Literacy for Indigenous Populations</td>
<td>Presenter: Bernice Downey</td>
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<td>Integration of Novice Cree Nurses in Region 18, James Bay Cree</td>
<td>Presenter: Melanie Fisher</td>
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<td>3:25-3:55</td>
<td>Enacting a Respectful Response to the Truth and Reconciliation Commission – Calls to Action</td>
<td>Presenters: Sheila Blackstock, Susan Duncan, Star Mahara, Steven Ross, &amp; Tanya Sanders</td>
<td>Pathways to Success: How the University of Saskatchewan College of Nursing achieved a representative Aboriginal student body</td>
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<td>4 - 4:45pm</td>
<td>Closing Speakers: Dr. Roland Chrisjohn &amp; Shaughnnessy McKay</td>
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<td>4:45 - 5pm</td>
<td>Closing Remarks: R. Lisa Bourque Bearskin</td>
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**NOTE:**
- **Yellow** boxes are ANAC led-workshops.
- **Rose** boxes represent Oral presentations
- **Green** boxes represent Workshops
- **Purple** boxes represent entire delegation sessions
- **Light blue** represents Annual General Meeting segment
WORKSHOP DESCRIPTIONS:

Sunday, February 14, 2016 – evening session

5:00 – 8:00pm  **Opening Session: HIV Learning Institute**

A structured learning series of workshops to increase core competencies for HIV Care in Indigenous populations. The opening session will include an overview of the institute, its purpose and vision. This will be followed by a roundtable of nursing students, presenters, other participants to discuss expectations and share their insights. It will close with a firsthand view of two Indigenous leaders living with HIV who will offer up their experience moving from diagnosis through various life stages, giving an Indigenous version to what the HIV epidemic involves.

Presenters: Earl Nowgesic, Randy Jackson, Tracey Prentice, Doris Peltier, Greg Riehl, Margaret Haworth-Brockman, National Collaborating Centre for Infectious Disease and Roberta Stout, National Collaborating Centre for Aboriginal Health

Moderated by: Kevin Barlow

*Neufchatel room*

Monday, February 15, 2016 – morning session

8:00 - 8:30am  **Breakfast**

*Salle de Bal room*

8:45 – 10:15am  **CONCURRENT SESSIONS**

**WORKSHOP 1**

**HIV Learning Institute: “Five Critical “C”s for Mental Health Services: A Focus on Indigenous People in Canada”**

Research has identified mental challenges as both a risk for and an effect of HIV for Indigenous peoples. Mental health challenges are thought to influence increased HIV-related risk behavior, failure to initiate and adhere to HIV care and treatment, and increased morbidity and mortality. This presentation will focus on the importance of integrating mental health into care, treatment and support services to reduce rates of HIV infection while also improving the quality of life of people living with HIV/AIDS. Specifically, a focus on context, culture, connection, care and creativity are highlighted and are proposed as key components in responding to Indigenous peoples living with HIV who experience mental health challenges. An example of two-spirit men’s resiliency living long-term with HIV is provided.

Presented by: Randy Jackson, PhD (Candidate)

*Massionneuve D - 36th floor room*
SESSION 2

“Developing a Collaborative Indigenous Partnership Framework: Situating Indigenous Knowledge at the Centre” - Part 1

A draft Collaborative framework model will be presented inviting dialogue about Indigenous Knowledge and situating it at the centre of our work in the 4 domains of work, (policy, research, education and practice). The discussion can appeal to other health professionals working in the field as well.

Presented by: Lea Bill, RN

Salle de Bal room

10:15 - 10:30am Health Break

10:30 – 12:00pm CONCURRENT SESSIONS

WORKSHOP 1

HIV Learning Institute: “What do health service providers need to know about antiretroviral therapy use among Indigenous peoples living with HIV?”

Indigenous peoples living with HIV (IPLWH) are less likely than non-Indigenous peoples to access and adhere to antiretroviral (ARV) therapy. This workshop will discuss the empirical findings of the Indigenous Red Ribbon Storytelling Study and in particular, the social vulnerabilities of IPLWH and their ability to adapt positively to adversity in terms of ARV therapy use. Considerations of ARV therapy use among IPLWH will be discussed within the context of biomedical, behavioural and social aspects of care as an integrative system.

Presented by: Earl Nowgesic, RN, PhD

Massionneuve D - 36th floor room

SESSION 2

“Developing a Collaborative Indigenous Partnership Framework: Situating Indigenous Knowledge at the Centre” - Part 2

Lea Bill, RN (continued)

Salle de Bal room

10:15 - 10:30am Lunch

1:00 – 2:00pm CONCURRENT WORKSHOPS

WORKSHOP 1

HIV Learning Institute: HIV Pre and Post Test Counselling - Nursing Core Competencies
At the centre of HIV nursing care is the practice of social justice and the promotion of human rights. HIV pre and post-test counselling supports the 3 C’s framework of consent, counselling and confidentiality. These standard counseling guidelines will be discussed to raise awareness of when and how to test for HIV, client centred needs, provider versus client initiated HIV testing, and the overall challenges regarding individual versus public health. Every effort will be made to ensure that you have the information, skills, and ongoing support to be more comfortable talking about HIV. HIV doesn't just affect individuals, it affects communities, and all of us.

Presented by: Greg Riehl, RN, BScN, MA

Massionneeve D - 36th floor room

WORKSHOP 2

Northern Nursing Consult: “An interactive discussion to begin addressing nursing needs in northern and remote communities”

Northern and Remote communities face unique healthcare needs, often lacking immediate hospital access; nursing stations become the main source of healthcare. Repeated Auditor General Reports have raised attention to some issues, such as the low number of nurses with all core competency training and nurses working outside their scope of practice. Turnover is also an issue, as well as cultural safety needs when the nurse may not be of Aboriginal heritage. This session will seek to hold a dialogue about what can be done to address these issues and better support nurses working in northern and remote communities.

Presented by: R. Lisa Bourque Bearskin, RN, PhD

Massionneeve E/F - 36th floor room

WORKSHOP 3

“Cancer Care”

(insert workshop description here)

Presented by: Angeline Letendre, RN, PhD & Lea Bill, RN

Salle de Bal room

2:00 - 2:15pm Health Break

2:15 – 4:30pm CONCURRENT WORKSHOPS

WORKSHOP 1

HIV Learning Institute: “Assessing Quality & Accuracy of Online Health Information”

An interactive session intended to help public health nurses become more comfortable with finding and using scientific evidence in decision-making. The National Collaborating Centre for Infectious Diseases
(NCCID), Aboriginal Health (NCCA) and Methods and Tools (NCCMT) will provide resources and materials (tools) to assess the quality of HIV-related information on-line for their practice and as resources for clients. There will be time to discuss situations where there is limited evidence available.

Presenters: Margaret Haworth-Brockman, MSc. Senior Program Manager, NCCID and Roberta Stout, MA, Research Associate, NCCA

Massionneuve D - 36th floor room

WORKSHOP 2

Northern Nursing Consult: “An interactive discussion to begin addressing nursing needs in northern and remote communities”

(Continued)

Chair: R. Lisa Bourque Bearskin, RN, PhD

Massionneuve E/F - 36th floor room

WORKSHOP 3

“Cancer Care”

(continued)

Presenters: Angeline Letendre, RN, PhD, Lea Bill, RN

Salle de Bal room

Monday, February 15, 2016 – evening session

6:00 – 7:30pm “Think Tank on Collaborative Mentorship and Student Supports in Aboriginal Nursing Education”

Participation in this Think Tank will be a valuable experience shared between A.N.A.C., Indigenous nursing students and faculty members from across the country. The Think Tank participants will provide guidance and advice as the A.N.A.C. and its university partners move forward with formulating, disseminating, and continually reviewing promising and wise practices toward which all nursing education programs should strive to as it pertains to mentorship in Aboriginal Nursing Education. Our Think Tank, a reflective circle and knowledge exchange event with the members of our association and others stakeholders will also contribute to future leading practices in Aboriginal Nursing.

Presented by: Michèle Parent; Pam Rice, Scott Ramsay & Isabelle Wallace

Salon Terrasse room – Niveau Plaza level
Meet and Greet

Mingle with other early arrivals, see old friends, and make new ones. Light hors d’oeuvres will be served. For early arrivals, A.N.A.C. can set up a tour of the Kateri Memorial Hospital in Kahnawake, QC. We can hire a bus from the community. $12/hr before 5 pm or $0.80/km after 5 pm. Wendy Skye can assist with organizing the tour and busing, please email staff before arrival so we have a sense of interest.

Neufchatel room – Niveau GH level

Tuesday, February 16, 2016

8:30am Opening Prayer

Salle de Bal room

8:45 – 9:05am Welcoming Remarks: R. Lisa Bourque Bearskin, President, Aboriginal Nurses Association of Canada

Special Guest & Welcome: Grand Chief Joe Norton

Salle de Bal room

9:05 – 9:45am Opening Speaker: Dr. Cindy Blackstock

First Nations Child & Family Caring Society

Salle de Bal room

9:45 – 10:00am Health Break

10:00 – 11:15am National Nursing Panel

Featuring: Karima Velji, CNA; Kristen Woodend, CASN; Linda Silas, CFNU; and Christine Rieck Buckley, CNF

Proposed speaker topics can be drawn from existing partnerships on various projects or policy initiatives or potential future ideas for collaboration. Examples could include:

How can post-secondary institutions partner within a multi-disciplinary framework with Indigenous organizations towards pro-actively responding to the TRC calls for action?

How have Indigenous scholars and researchers engaged within the Academy towards reclaiming and situating Indigenous knowledge and learning methodologies at the fore? What are the mechanisms needed to support this objective that is in keeping with Indigenous self-determining processes.
What are the challenges that can be identified in this collaborative work to develop/enhance partnerships? What are the factors related to these challenges? (For example: Lack of awareness/understanding of the socio-historical context? systemic barriers? lack of resources? limited Provincial government resources for Indigenous graduate level initiatives? dearth of available Indigenous Faculty?

How can potential/existing education partners expand on and showcase success stories that have established authentic Indigenous partnership? (For example: structural adjustments within the Academy to establish Indigenous senior leadership; identification of partnership engagement protocols and guidelines)

Salle de Bal (200)

11:20 – 12:00pm CONCURRENT ORAL PRESENTATIONS

ORAL 1

“Environmental Racism in Mi’kmaw Communities: Implications for Health and Community Mobilizing”

There is a limited Canadian-based research on the health effects of environmental racism in Mi’kmaw communities, however there are large disproportionate toxic waste hazards that are harming these communities. An overview of the “Environmental Noxiousness, Racial Inequities & Community Health” project will be provided to show the health effects that have occurred. This project initiated the creation of the first-ever bill to address environmental racism in Canada entitled Bill 111: An Act to Address Environmental Racism. Key issues will be discussed, along with how to address them. The approaches involve: government consultations, policy, community engagement and advocacy, student training and strategic knowledge mobilization approaches.

Presented by: Ingrid Waldron Ph.D

Salle de Bal (200)

ORAL 2 “Aboriginal Midwives: Partners in the Health and Healing in Our Communities”

The National Aboriginal Council of Midwives (NACM) exists to promote excellence in reproductive health care for Inuit, First Nations, and Métis women. NACM advocates for the restoration of midwifery education, the provision of midwifery services, and choice of birthplace for all Aboriginal communities. Indigenous women, experience limited access to culturally relevant maternity care; our goal is to have Aboriginal midwives working in every Aboriginal community. We will share about the rise of Aboriginal midwifery and its importance to the health and healing of our communities, as we reclaim traditions, ceremonies and Indigenous birth knowledges. NACM works at the provincial, territorial and federal level and will facilitate inter-active dialogue on strategies for successful and transformative partnerships for Indigenous health.

Presented by: Alisha Apale

Neufchatel
ORAL 3 “The First Nation Mental Wellness Continuum Framework: A coordinated, comprehensive approach to mental health and addictions programs and services.”

This presentation will share the development, design and implementation of the First Nation Mental Wellness Continuum Framework. This is a comprehensive framework of mental wellness services that builds on community strengths and control of resources to improve existing mental wellness programming for First Nation communities in Canada using a social determinants of health lens. The important role of culture and practice based evidence are a central theme to support First Nations mental wellness will be a highlight of this presentation.

Presented by: Dr. Brenda Restoule, C. Psych

Maisonneuve D (48)

ORAL 4

“HIV Learning Institute: Visioning Health, Indigenous Women and HIV”

For a decade of HIV and AIDS research, Indigenous women in Canada have been considered a priority population, yet the inequitable impact of HIV and AIDS on this population is ‘a continuing concern’. Proponents of decolonizing and Indigenous methodologies argue that community-engaged research processes help to reduce health inequities by enabling people, educating, and helping them to heal. Visioning Health was a strengths-based, culturally-grounded, arts-informed and community-based participatory research project that HIV-positive Indigenous women participants described as ‘life-saving’, ‘life-changing’, and as ‘damn good medicine’. In this paper, we report on the findings of Visioning Health as well as the process. We conclude with policy and practice implications.

Presented by: Doris Peltier and Tracey Prentice, PhD

Maisonneuve E/F (48)

12:00 – 1:10pm Lunch

Signing of a Partnership Accord with Canadian Nurses Association

Salle de Bal room

1:10 – 2:10pm National Indigenous Panel

Featuring: Peter Dinsdale, AFN; Alethea Kewayosh, CCO; Dr. Malcolm King, IAPH; and Dr. Janet Smylie, FIRE, SMH

Proposed speaker topics for the Indigenous education panel can be drawn from existing Indigenous self-determining models of partnership. Examples could include:

What are the current leading practices related to governance and operations of Indigenous - led organizations?

How are Indigenous organizations realizing their right to “maintain and develop” their organizations?
How are Indigenous organizations engaging with various stakeholders including regional and federal governments towards authentic, self-determining collaboration and partnership?

What are the challenges that can be identified in this collaborative work to develop/enhance partnerships? What are the factors related to these challenges? (For example: Lack of awareness/understanding of the socio-historical context? systemic barriers? lack of resources? limited Provincial/Territorial government resources for Indigenous organizational transformative change and sustainability)

Salle de Bal room

2:15 – 3:00pm   CONCURRENT WORKSHOP SESSIONS

WORKSHOP 1 “Partnering to improve the cancer Journey for First Nations, Inuit and Métis: The Canadian Partnership against Cancer’s First Nations, Inuit and Métis Cancer Control Strategy”

The Canadian Partnership Against Cancer (the Partnership)'s First Nations, Inuit and Métis (FN/I/M) cancer control strategy aims to reduce the cancer burden for First Peoples by working closely with FN/I/M people, patients, partners, communities and cancer service providers. Collaboration with national and regional partners has been a core priority, and will be a continued practice that guides development of First Peoples’ priorities and activities. The Cancer Control Initiative aims to improve the patient journey for FN/I/M cancer patients, from diagnosis to transitions in care and back to an individual’s home community. The presentation will demonstrate our model of successful partnership and collaboration between FN/I/M stakeholders and across national, provincial/territorial, the local governments and healthcare delivery agencies.

Presented by: Nicole Robinson

Salle de Bal (200)

WORKSHOP 2

“From Seed to Tree: Supporting Aboriginal women living with addictions”

This presentation will describe a culturally adapted goal setting tool for use by home visiting professionals to encourage client-driven interventions. It is a review for initiating changes for professionals working in home-based programming targeting underserviced clientele, Aboriginal families living with addictions. Addressing Aboriginal health through community-led programs need to take in consideration of the community context, the political environment, legacy of residential school, and social context of alcohol use. Practices, in home visiting with Aboriginal women and families, will be discussed while focusing on culture, gender and potential program barriers. This tool encompasses a strength-based, solution-focused, culturally relevant approach to home visiting with a community’s most vulnerable families.

Presented by: Cheyenne Mary

Neufchatel
WORKSHOP 3

“Canadian Virtual Hospice”

Cancer is now among the top three causes of death in First Nations, Inuit and Métis populations. There is a lack of awareness about cancer in these communities, cultural relevant education materials to use and expertise to support the people. In partnership with Aboriginal people and their communities, funded by Canadian Partnership Against Cancer; Canadian Virtual Hospital has developed educational videos in voices of Aboriginal peoples and handouts as well. In this workshop, resources will be viewed that help to support your practice and participate in the evaluation process.

Presented by: Shelly Cory and Brenda Hearson

Maisonneuve D

WORKSHOP 4

“Skatne ionkwatehiahrontie ‘Our families Grow Together’”

This youth-run grassroots program in Kahnawake is dedicated to supporting young families under the age of 25 in parenting and/or caring for children. In partnership with the Native Youth Sexual Health Network, the group aims to be inclusive to young parents, pregnant women and couples, youth thinking of starting families as well as sibling caregivers, aunts, uncles, step parents, two spirited and LGBTTIQQA* community members. The program looks at child development, sexual health, and parenting through an interactive look into our Haudenosaunee seven rites of passage ceremonies. Other traditional knowledge is involved, including language restoration. The session will explore restorative access to culturally safe knowledge and information on our own terms.

Presented by: Native Youth Sexual Health Network

Maisonneuve E/F

3:00 – 3:15pm   Health Break
3:15 – 5:45pm   Annual General Meeting

Salle de Bal room

6:30 – 9:30pm   Banquet and Keynote Speaker: Maria Wilson

Co-Chairs: Madeline Dion-Stout and Jocelyn Bruyere

Honouring the 14 Founding Members of ANAC

Salle de Bal room
Wednesday, February 17, 2016

8:30 – 8:50am  Call to Order: R. Lisa Bourque Bearskin, President, Aboriginal Nurses Association of Canada
Special Guest AFN Regional Vice-Chief (TBD)

Salle de Bal room

8:50 – 10:00am  Education Panel
Featuring: Dr. Sekuler, McMaster University; Dr. Kitty, Indigenous Physicians Association; Lisa Perley-Dutcher, RN, UNB; and Dr. Clémence Dallaire, Laval

Proposed speaker topics can be drawn from existing partnerships on various projects or policy initiatives or potential future ideas for collaboration. Examples could include:

How can post-secondary institutions partner within a multi-disciplinary framework with Indigenous organizations towards pro-actively responding to the TRC calls for action?

How have Indigenous scholars and researchers engaged within the Academy towards reclaiming and situating Indigenous knowledge and learning methodologies at the fore? What are the mechanisms needed to support this objective that is in keeping with Indigenous self-determining processes.

What are the challenges that can be identified in this collaborative work to develop/enhance partnerships? What are the factors related to these challenges? (For example: Lack of awareness/understanding of the socio-historical context? systemic barriers? lack of resources? limited Provincial government resources for Indigenous graduate level initiatives? dearth of available Indigenous Faculty?

How can potential/existing education partners expand on and showcase success stories that have established authentic Indigenous partnership? (For example: structural adjustments within the Academy to establish Indigenous senior leadership; identification of partnership engagement protocols and guidelines)

Salle de Bal room

10:05 – 10:35am  CONCURRENT ORAL PRESENTATIONS

ORAL 1 “First Nation Community Based Screening to improve Kidney Health and Prevent Dialysis”

First Nations communities in Manitoba suffer the highest rates of kidney failure requiring dialysis in Canada. Our project has successfully demonstrated that in high-risk populations such as Manitoba First Nations, active community based screening programs conducted by mobile screening teams using modern and efficient risk assessment tools are feasible, affordable, and lead to improved kidney care.

We will present the Kidney Screening results on the 11 First Nation communities for CKD and its risk factors. Based on the screening data, we applied an equation, which predicted the five-year risk of kidney failure with remarkable precision. The application will allow us to stream all individuals into one of three risk categories (low, intermediate and high risk), and assign appropriate follow up. This finished project has the ability to improve kidney care for First Nations people across Canada.
North Island College in Partnership Wuikinuxv and Dzawa’enuxv First Nations have been transforming health education and practice for the previous ten years. This partnership began with offering a field school for, nurses, nursing students and faculty located in the remote First Nations communities of Rivers Inlet or Kingcome Inlet on the West Coast of British Columbia. It led to the development of A’ekalix a unique health delivery model that reclaims indigenous ways of knowing and being. What was required was a dialogic of consciousness raising and relationship building that interrupted Eurocentric world views and developed new ways of forming relationships and new processes for working together. This presentation will focus on the process of collaboration between practice, education and community that lead to crafting a new way of learning and practicing nursing where community standards, protocols and knowledge are central.

Music, pictures, stories, and culture play a vital role in increasing a First Nations child’s literacy and possibilities of life-long success. Prior to school entry many children experience weak language skills that have been associated with behaviour and attention problems. Technology, specifically electronic books can assist to bridge this literacy gap. A University of Saskatchewan Aboriginal Nursing student and Treaty 4 Literacy Director will describe the rationale and methods of a collaborative project that focused on an eBook for First Nations children age 0 – 5. Utilizing First Nations teachings, the Seven Sacred Teachings, and selected stories, the eBook is interactive, easily assessed and used by families, and designed to promote an increase in early literacy as a social determinant of health. Social interaction strategies will also be used to share the eBook with the audience.

Developing cultural competence and critical thinking are essential attributes for student learning. Providing students with learning opportunities that build on knowledge development and practical application is important in the nursing profession. The purpose of this heuristic phenomenological study was to explore the lived experiences and perceptions among 13 first year nursing students and to gain a
personal understanding of how students develop skills essential to the nursing profession. The lived experiences and perceptions of the participants promoted reason for change in the nursing curriculum. Interviews, observations, and reflective writing served as the source for data collection. Using a heuristic approach for data analysis has led to the formulation of four essential themes that encompass the context of service-learning: experiential naivety, systems misalignment, personal exhilaration and transformation of learning. The role of educators is to ensure students have learning opportunities that support learning transformation.

Presented by: Dr. Sherry Arvidson and Dr. Florence Luhanga

*Maisonneuve E/F*

10:35 – 10:50am Health Break

10:55 – 11:25am CONCURRENT ORAL PRESENTATIONS

**ORAL 1**

“*Kindred Spirits: Indigenization of a Saskatchewan Polytechnic*”

The Kindred Spirits for Indigenization is a grassroots group of faculty, staff and students at Saskatchewan Polytechnic that originated from Aboriginal students’ expressed concerns in the areas of: perceived lack of support to self-identify as Aboriginal, perceived fear of discrimination, Aboriginal health being taught from a deficit-based approach, and perceived lack of faculty education and knowledge in Aboriginal history, culture and ways of knowing. The group’s purpose is to move Indigenization efforts forward in order to make the institution culturally sensitive and safe, promoting the success of Aboriginal students. The group has a large nursing faculty representation, from both Sask Polytech and University of Regina, with additional representation from nursing students, Aboriginal support counsellors and advisors from Regina and Moose Jaw campuses. The group’s main focuses are on student support, faculty/staff development and research. The group’s creation and evolution will be discussed.

Presented by: Sharon Ahenakew RN, MN/Sharon Dixon, RN MN, Jessica Harper, NS, Crystal Whitefish, NS

*Salle de Bal room*

**ORAL 2**

“*Nursing & Indigenous Education Integration*”

The number of indigenous nurses practicing in Canada and the USA falls far below population census levels. To increase recruitment, education access and graduation of the indigenous nursing students is necessary; to ultimately improve the knowledge in practice. Inclusion of media which reflects indigenous experience supports cultural identity and enhances the learning experiences provided by academic settings, traditional foundations of nursing knowledge are also based on science, aligning theory with practice. Indigenous knowledge incorporates various aspects of the physical, emotional, intellectual and spiritual world, understanding their function and purpose; The Medicine Wheel represents a structural education framework of knowledge shared among many Aboriginal peoples. Incorporating this knowledge into traditional nursing education systems may remove barriers to academic success for many students, because the cultural identity within the framework influences the level of self-confidence and positive psychological adjustment that occurs in the academic environments.
Neufchatel

ORAL 3  “The importance of relationship and partnership in post-secondary Aboriginal health care education”

In 2007 the number of nursing students in Canada had only increased by 500 over a 5 year period with no report on numbers of graduates. Three programs were implemented at Six Nations Polytechnic (SNP) post-secondary institute in Ohsweken, Ontario: 1) Practical Nursing with Aboriginal Communities (PNAC) in 2004, 2) Personal Support Worker (PSW) program and 3) Registered Practical Nursing (RPN)-to-Bachelor of Science Nursing (BScN) in September 2012. Since 2004, over 150 Diploma RPNs have graduated from the Mohawk College PNAC program and the first graduating cohort from the SNP site graduated with a BScN from McMaster University in June 2015. This presentation will explore Aboriginal health care student success, with focus on the importance of relationship/partnership between McMaster, Mohawk and Six Nations Polytechnic in post-secondary healthcare education.

Presented by: Priscilla Patterson RN, Med

Maisonneuve D

ORAL 4  “ANAC & CNSA Student Caucus” - Part 1

Throughout this presentation they will be discussing their own journey and as to why they became passionate about the need and gaps related to Indigenous studies in nursing curriculum. They will be discussing the research and initiatives from their committee work. Their vision for the future and why as well as how nursing students can become engaged advocates.

Presented by: Dawn Tisdale and Marie Sanderson

Maisonneuve E/F

11:30 – 12:00pm  CONCURRENT ORAL PRESENTATIONS

ORAL 1  “Nisichawayasihk Circle of Care”

Nisichawayasihk Circle of Care Poster entails information about partnerships, linkages and services the Home and Community Care Program accesses for its community members. The community is in need of more resources, particularly since there are many aging clients. The main activities of the partnership include information sharing, collaboration of services ensuring the smooth transition between health facilities. The hope of the community was to gain more support for the community members and health care providers, as well as more awareness of the FCWC programs that are available. The Community has observed that for the Home Care clients there are greater results and continuation of care. It is important to maintain communication and collaborate with facilities when caring for First Nations clients.

Presented by: Glenda Grey

Salle de Bal room
ORAL 2  “Capturing Culturally Safe Nursing Intervention”

Cultural Safety is a concept arising from nursing in New Zealand. Established approximately thirty years ago, practice guidelines, toolkits, and competencies now recommend approaches to care for Maori patients in this way. There is interest now in nursing organizations in Canada to promote culturally safe patient engagement in a similar way. Concurrently in the past thirty years nurses have been contributing to the evolving field of health information systems and technology. The development of standardized nursing languages (SNL) and nursing terminology sets to be used in the electronic health record (EHR) is just one example. The purpose of this research is to a) Determine if culturally safe nursing interventions can be succinctly described, and b) if so whether those culturally safe nursing interventions can be physically coded in either standardized nursing languages or terminology sets for inclusion in the EHR. An update to this research project will be presented along with methods to employ an at work culturally safe check in program for staff.

Presented by: Adrienne Lewis

Neufchatel

ORAL 3  “Northern Inuit Nursing”

This workshop will address many of the unique challenges and needs providing health services in Inuit communities of the North.

Presented by: Rebecca Lonsdale (TBC)

Maisonneuve D

ORAL 4  “ANAC & CNSA Student Caucus” - Part 2

(continued)

Presented by: Dawn Tisdale and Marie Sanderson

Maisonneuve E/F

12:00 – 1:00pm Lunch

1:00 – 2:15pm  Regional Nursing Panel

Featuring: Melanie McKinnon, Aboriginal Nurses Manitoba; Doris Grinspun, RNAO; Laurie Dorkis, ARNBC; and Regine Laurent, FIQS

Proposed speaker topics can be drawn from existing partnerships on various projects or policy initiatives or potential future ideas for collaboration. Examples could include:

What innovation practices have you or your organization used to strengthen ties between Indigenous and non-Indigenous nurses and associations to improve health of Indigenous people in Canada?

On a regional level, how have the needs of Indigenous Nurses been captured? What types of issues and supports have you seen?
How well has your regional work been at the forefront in addressing systemic issues that affect Indigenous people with respect to their health and their engagement with the healthcare system? (For example: is there a lack of awareness/understanding of the socio-historical context that requires attention? What systemic barriers continue to hinder progress? Is there a lack of resources? Are there limited Provincial government resources for Indigenous graduate level initiatives? Is there a dearth of available Indigenous Faculty?)

What success stories can your region showcase that have established authentic Indigenous partnerships? (For example: structural adjustments to allow for senior Indigenous nurse leaders to work within your associations; identification of partnership engagement protocols and guidelines, etc.)

_Salle de Bal room_

2:15 – 2:30pm  Health Break

2:30 – 3:20pm  CONCURRENT WORKSHOP SESSIONS

WORKSHOP 1  “Enhanced and Integrated Pathways to Wellness: A Tapestry Initiative with Sturgeon Lake First Nation”

First Nation populations have higher rates of all chronic diseases. The objectives are to raise knowledge and awareness about prevention and management of chronic diseases, as well as, support the development of an integrated approach to care of chronic diseases using Indigenous & Western models. The overall design of this study was informed by participatory health research and mixed methods. The Setting is One First Nation community located in the province of Saskatchewan, Canada. The participants are all adults and the interventions will be community chosen. Relevant interventions will be supported by an open source electronic medical record and a personal health record technology ecosystem; as well as, home visits and an interdisciplinary health care team. For community engagement to be successful the interests of the community must be taken into account and researchers must become facilitators.

Presented by: Vivian R Ramsden, RN, BSN, MS, PhD, MCFP (Hon.)

_Salle de Bal room_

WORKSHOP 2  “Best Practice for First Nations Women with Gestational Diabetes”

First Nations women in British Columbia experience higher rates of gestational diabetes. Our goal is to provide evidence based information for health care professionals working with First Nations women and raise awareness to recent research that shows a link between high maternal blood sugars and stillbirths. We will focus on the health outcomes specific to gestational diabetes and discuss the present guidelines and considerations for improved screening. Throughout the presentation we will be emphasizing the importance of incorporating culturally safe counseling for women and families around diabetes screening, diagnosis and treatment. We will also discuss our goal of enhancing the health of families in our communities by promoting a community driven, collaborative approach to care.

Presented by: Sherri Leon Torres RN, BSN, CDE, and Barbara Webster, RN, BScN, MSc
Neufchatel

WORKSHOP 3  “Indigenous Grandmothers Mentoring Aboriginal Girls”

This land-based cultural experience is a collaborative partnership project between two Aboriginal Grandmothers organizations, the Centre for Addictions and Mental Health (CAMH) and supported by the New Horizons for Seniors Program. In this workshop, the Grandmothers will highlight the experiences; the Indigenous knowledge and cultural practices shared on a project that was developed to mentor and empower young Aboriginal women. The traditional cultural experiences are comprised of four 4-day retreats with young girls between the ages of 17 to 30. Those who participated in the project had substance use, addictions, and mental health issues. In the project, Grandmothers shared Indigenous knowledge, of healing practices, and ceremonies specific to young women. Using the Sacred Wheel and the Stages of Life frameworks, the Grandmothers will demonstrate how Traditional Knowledge and Foundational Teachings can be utilized in daily practice and further applied toward the process of improving health and well-being for young Indigenous women.

Presented by: Isabelle Meawasige and Caroline Recollet

Maisonneuve D

WORKSHOP 4  “Nurse Practitioner’s Empowering Aboriginal Clients through integration of traditional healing practices”

Extensive research is done on the inclusion of Aboriginal healing practices to promote health and well-being. This can help restore balance and empower a population to be proactive in health care. For decades Aboriginal peoples have used traditional ways to heal themselves and these have been beneficial in holistic wellness, therefore NP's and other professionals must be respectful and see the potential of alternative healing ways. Aboriginal peoples have had many challenges but have managed to stay strong and resilient by relying on their traditional cultural values and healing ceremonies. It is vital and necessary for NP's to focus and encourage the strengths of Aboriginal Peoples healing ways to maintain the well-being.

Presented by: Pamela Schacht

Maisonneuve E/F

3:25 – 3:55pm  CONCURRENT ORAL PRESENTATIONS

ORAL 1  “Enacting a Respectful Response to the Truth and Reconciliation Commission - Calls to Action”

The Thompson Rivers University School of Nursing enacted a respectful response to the Truth and Reconciliation Commission of Canada’s (TRC) calls to action. The Indigenous Health Nursing Committee (IHNC) was entrusted with this work which was carried out in the spirit of authentic Indigenous health & wellness partnerships. We discuss how IHNC members engaged nursing students & diverse partners in actions to ensure the next generation of undergraduate & graduate nurses can promote change in health care delivery with Indigenous populations and take leadership roles in reconciliation processes.
We highlight concrete measures we took that built on our past work with cultural safety and Aboriginal peoples’ health, including working with the university and surrounding communities to broaden awareness of the TRC calls and how to integrate these into SON and TRU policy & practices. Shared insights from our experience in ways nursing students can be agents of change.

Presented by: Sheila Blackstock, Susan Duncan, Star Mahara, Steven Ross, and Tanya Sanders

Salle de Bal room

ORAL 2 “Pathways to Success: How the University of Saskatchewan College of Nursing achieved a representative Aboriginal student body”

This year the University of Saskatchewan College of Nursing achieved representation in its Aboriginal student body, with over 170 undergraduate self-declared Aboriginal students admitted in the 2015-16 academic year. This presentation will outline the strategies used to attract and retain a significant Aboriginal student body, including substantial Aboriginal academic advising, a learn where you live distributed learning approach, and a “Pathway” of supportive initiatives to lead Aboriginal students from career interest in grade school, to science and math support in high school, and learning communities and advising in university; to a successful transition into the workforce including mentorship support and NCLEX preparation, and graduate studies scholarships to promote greater Aboriginal involvement in advanced practice, administration, teaching and research.

Presented by: Heather Cote-Soo, Trudy Unger, and Heather Exner-Pirot

Neufchatel

ORAL 3 “Health Literacy for Indigenous Populations”

Self-management of care is considered a central component to effective chronic disease management. This requires knowledge and understanding of medications, and an ability to effectively communicate with healthcare practitioners. My research demonstrates that Indigenous people primarily have a biomedical understanding of their heart disease and most are unaware of the how socio-historical and socio-cultural factors such as impact of residential school and discrimination are linked to their heart disease. The residential school experiences have affected Indigenous knowledge as well as languages which make the situation difficult. ‘Diaspora health literacy’ is critically discussed as a potential tool to address the Indigenous knowledge Diaspora barrier. Indigenous people with chronic disease can enhance their self-care when culturally relevant health literacy approaches are available to them. Healthcare practitioners can broker an ‘Indigenous therapeutic relational space’ with their Indigenous patients by initiating a culturally relevant health literacy assessment and a harmonized implementation model.

Presented by: Bernice Downey

Maisonneuve D

ORAL 4 “Integration of Novice Cree Nurses in Region 18, James Bay Cree”
Enrolment in health care professional training programs is very low for Cree students. The pre-health science, math and chemistry are difficult to obtain in the secondary years of high school in James Bay; students must leave the community to obtain these credits. A nurse passes through several stages of professional development, and in the first years of practice, a novice nurse does not possess all the competencies and skills required to work autonomously in a remote setting. Cree nurses have a voice in reclaiming and leading nursing practice. Preceptor programs support novice nurses, can increase job satisfaction, self-reflective learning and development of clinical competencies and critical thinking required for the advanced practice.

Presented by: Melanie Fisher

_Maisonneuve E/F_

4:00 – 4:45pm  **Closing Speakers:** Dr. Roland Chrisjohn and Shaughnessy McKay

4:45 – 5:00pm  **Closing Remarks:** R. Lisa Bourque Bearskin, RN, PhD